

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:00 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bogaert Ciaran

Coaches: Kindt Maarten

Coaches: Van Pelt Marie

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BREASTSTROKE MEN 11-12			Heat:1, starttime: 14:00
Heat: 1/3 Lane : 4 Athlete: LANCKMAN CAS			Q-time: 02:10:17
PB (50m pool): 02:10.17 WACHTEBEKE 19/01/2025			PB (25m pool): 02:13.39 SB: no time
	5 0 M	1 0 0 M	
PB	no time	02:10.17	
	no time		
			

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+			Heat:2, starttime: 14:09
Heat: 2/8 Lane : 2 Athlete: DEBOLLE KYAN			Q-time: 00:35:28
PB (50m pool): 00:35.49 Aalst 11/05/2025			PB (25m pool): 00:35.28 SB: no time
	5 0 M		
PB	00:35.49		
	00:35.49		
			

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+			Heat:2, starttime: 14:09
Heat: 2/8 Lane : 4 Athlete: BLONDEEL NILS			Q-time: 00:33:54
PB (50m pool): no time			PB (25m pool): 00:33.54 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 50M FREESTYLE MEN 13+							Heat:2, starttime: 14:09		
Heat: 2/8 Lane : 5 Athlete: VAN CALENBERGH NATHAN							Q-time: 00:34:28		
PB (50m pool): 00:33.48 LOCHRISTI 25/01/2026							PB (25m pool): 00:34.28SB: 00:33.48 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:33.48								
	00:33.48								
									

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+				Heat:4, starttime: 14:11	
Heat: 4/8 Lane : 3 Athlete: TALHAOUI MAHER				Q-time: 00:30:09	
PB (50m pool): 00:31.70 Aalst 11/05/2025				PB (25m pool): 00:30.09 SB: no time	
	5 0 M				
PB	00:31.70				
	00:31.70				
					

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:4, starttime: 14:11	
Heat: 4/8 Lane : 4 Athlete: BOMBEECK MATHIAS						Q-time: 00:29:73		
PB (50m pool): 00:29.68 LOCHRISTI 25/01/2026				PB (25m pool): 00:29.73 SB: 00:29.68 LOCHRISTI 25/01/2026				
	5 0 M							
PB	00:29.68							
	00:29.68							
								

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:4, starttime: 14:11	
Heat: 4/8 Lane : 7 Athlete: DE BACKER RUNE							Q-time: 00:30:46	
PB (50m pool): 00:30.39 LOCHRISTI 25/01/2026							PB (25m pool): 00:30.46 SB: 00:30.39 LOCHRISTI 25/01/2026	
	5 0 M							
PB	00:30.39							
	00:30.39							
								

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+							Heat:5, starttime: 14:12		
Heat: 5/8 Lane : 2 Athlete: STASSIJNS NAND							Q-time: 00:29:24		
PB (50m pool): 00:29.10 LOCHRISTI 25/01/2026							PB (25m pool): 00:29.24SB: 00:29.10 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:29.10								
	00:29.10								
									

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:5, starttime: 14:12		
Heat: 5/8 Lane : 4 Athlete: OSSELAER ELANO							Q-time: 00:28:88		
PB (50m pool): 00:29.43 LOCHRISTI 25/01/2026							PB (25m pool): 00:28.88 SB: 00:29.43 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:29.43								
	00:29.43								
									

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:6, starttime: 14:13	
Heat: 6/8 Lane : 1 Athlete: DE WITTE JUUL						Q-time: 00:28:68		
PB (50m pool): 00:27.79 LOCHRISTI 25/01/2026				PB (25m pool): 00:28.80 SB: 00:27.79 LOCHRISTI 25/01/2026				
	5 0 M							
PB	00:27.79							
	00:27.79							
								

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:6, starttime: 14:13	
Heat: 6/8 Lane : 2 Athlete: VERHAEVERT NAN							Q-time: 00:28:46	
PB (50m pool): 00:27.47 LOCHRISTI 25/01/2026							PB (25m pool): 00:28.46 SB: 00:27.47 LOCHRISTI 25/01/2026	
	5 0 M							
PB	00:27.47							
	00:27.47							
								

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 50M FREESTYLE MEN 13+										Heat:6, starttime: 14:13																			
Heat: 6/8 Lane : 8 Athlete: VERNAILLEN SEPPE																				Q-time: 00:28:82									
PB (50m pool): 00:30.21 LOCHRISTI 25/01/2026										PB (25m pool): 00:28.82SB: 00:30.21 LOCHRISTI 25/01/2026																			
	5 0 M																												
PB	00:30.21																												
	00:30.21																												
																													

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:7, starttime: 14:14		
Heat: 7/8 Lane : 7 Athlete: WALTNIEL NAND							Q-time: 00:27:15		
PB (50m pool): 00:27.90 Antwerpen 20/04/2025							PB (25m pool): 00:27.15 SB: no time		
	5 0 M								
PB	00:27.90								
	00:27.90								
									

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+										Heat:8, starttime: 14:15																			
Heat: 8/8 Lane : 1 Athlete: WOJCIULA TYMON																				Q-time: 00:26:32									
PB (50m pool): 00:27.40 Aalst 11/05/2025										PB (25m pool): 00:26.32 SB: no time																			
		5 0 M																											
PB		00:27.40																											
		00:27.40																											
																													

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+							Heat:8, starttime: 14:15	
Heat: 8/8 Lane : 3 Athlete: CAUDRON XIBE							Q-time: 00:25:56	
PB (50m pool): 00:26.54 Antwerpen 13/07/2025							PB (25m pool): 00:25.56 SB: no time	
	5 0 M							
PB	00:26.54							
	00:26.54							
								

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+		Heat:8, starttime: 14:15
Heat: 8/8 Lane : 6 Athlete: CATRY GAETAN		Q-time: 00:26:08
PB (50m pool): 00:26.69 Antwerpen 13/07/2025 PB (25m pool): 00:26.08 SB: no time		
	5 0 M	
PB	00:26.69	
	00:26.69	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:3, starttime: 14:19
Heat: 3/10 Lane : 1 Athlete: JACOB EMMA		Q-time: 00:35:94
PB (50m pool): 00:34.51 LOCHRISTI 25/01/2026 PB (25m pool): 00:35.94 SB: 00:34.51 LOCHRISTI 25/01/2026		
	5 0 M	
PB	00:34.51	
	00:34.51	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:4, starttime: 14:20
Heat: 4/10 Lane : 4 Athlete: DENEFF ELLA		Q-time: 00:32:90
PB (50m pool): 00:32.29 LOCHRISTI 25/01/2026 PB (25m pool): 00:32.90 SB: 00:32.29 LOCHRISTI 25/01/2026		
	5 0 M	
PB	00:32.29	
	00:32.29	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 14:21
Heat: 5/10 Lane : 3 Athlete: GULDEMONT NELL		Q-time: 00:32:33
PB (50m pool): 00:32.33 WACHTEBEKE 19/01/2025 PB (25m pool): 00:32.25 SB: no time		
	5 0 M	
PB	00:32.33	
	00:32.33	
		

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+										Heat:7, starttime: 14:23																			
Heat: 7/10 Lane : 8 Athlete: HOEBEECK TINNE																				Q-time: 00:31:21									
PB (50m pool): 00:31.21 Antwerp 02/02/2025										PB (25m pool): 00:31.27 SB: 00:31.73 LOCHRISTI 25/01/2026																			
		5 0 M																											
PB		00:31.21																											
		00:31.21																											
																													

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+										Heat:8, starttime: 14:24																													
Heat: 8/10																				Lane : 5					Athlete: OSSELAER GEIKE										Q-time: 00:29:71				
PB (50m pool): 00:30.58										Aalst 11/05/2025										PB (25m pool): 00:29.71 SB: no time																			
		5 0 M																																					
PB		00:30.58																																					
		00:30.58																																					
																																							

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+										Heat:8, starttime: 14:24																			
Heat: 8/10 Lane : 8 Athlete: VAN DORPE ADA																				Q-time: 00:30:35									
PB (50m pool): 00:31.01 LOCHRISTI 25/01/2026										PB (25m pool): 00:30.35 SB: 00:31.01 LOCHRISTI 25/01/2026																			
	5 0 M																												
PB	00:31.01																												
	00:31.01																												
																													

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+							Heat:9, starttime: 14:25	
Heat: 9/10 Lane : 8 Athlete: BAYENS NINA							Q-time: 00:29:37	
PB (50m pool): 00:30.39 Antwerpen 20/04/2025							PB (25m pool): 00:29.37 SB: no time	
	5 0 M							
PB	00:30.39							
	00:30.39							
								

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+				Heat:10, starttime: 14:26
Heat: 10/10 Lane : 2 Athlete: EELBODE EMELIE				Q-time: 00:28:19
PB (50m pool): 00:28.96 Aalst 28/06/2025		PB (25m pool): 00:28.19 SB: no time		
	5 0 M			
PB	00:28.96			
	00:28.96			
				

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:1, starttime: 14:28
Heat: 1/4 Lane : 5 Athlete: TALHAOUI MAHER					Q-time: 03:13:18
PB (50m pool): 03:16.67 Antwerpen 13/07/2025		PB (25m pool): 03:13.18 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.00	01:35.55	02:27.79	03:16.67	
	00:44.00	00:51.55	00:52.24	00:48.88	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:1, starttime: 14:28
Heat: 1/4 Lane : 8 Athlete: VAN CALENBERGH NATHAN					Q-time: 03:39:10
PB (50m pool): 03:58.51 Aalst 21/12/2024		PB (25m pool): 03:39.10 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.52	01:54.85	02:57.98	03:58.51	
	00:52.52	01:02.33	01:03.13	01:00.53	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 14:32
Heat: 2/4 Lane : 1 Athlete: TER-EGANYAN ARMAN					Q-time: 03:04:63
PB (50m pool): 03:42.90 Aalst 24/06/2023		PB (25m pool): 03:04.63 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:42.90	
	no time				
					

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 14:32
Heat: 2/4 Lane : 8 Athlete: DE BACKER RUNE					Q-time: 03:04:74
PB (50m pool): 03:04.74 Antwerpen 13/07/2025					PB (25m pool): 03:10.38 SB: 03:06.38 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.17	01:29.01	02:17.33	03:04.74	
	00:41.17	00:47.84	00:48.32	00:47.41	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 14:35
Heat: 3/4 Lane : 4 Athlete: WALTNIEL NAND					Q-time: 02:46:09
PB (50m pool): 02:53.99 Antwerpen 13/07/2025					PB (25m pool): 02:46.09 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.38	01:22.32	02:08.44	02:53.99	
	00:37.38	00:44.94	00:46.12	00:45.55	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 14:35
Heat: 3/4 Lane : 6 Athlete: WALTNIEL BAVO					Q-time: 02:54:51
PB (50m pool): 03:00.39 Aalst 20/12/2025					PB (25m pool): 02:54.51 SB: 03:00.39 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.98	01:27.31	02:14.26	03:00.39	
	00:40.98	00:46.33	00:46.95	00:46.13	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 14:35
Heat: 3/4 Lane : 7 Athlete: DE DONDER THOR					Q-time: 02:56:77
PB (50m pool): 02:59.16 Antwerpen 20/07/2025					PB (25m pool): 02:56.77 SB: 03:00.07 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.75	01:27.91	02:15.14	02:59.16	
	00:40.75	00:47.16	00:47.23	00:44.02	
					

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 14:39
Heat: 4/4 Lane : 2 Athlete: DEKYVERE MATHIAS					Q-time: 02:40:68
PB (50m pool): 02:47.91 Aalst 20/12/2025			PB (25m pool): 02:40.68 SB: 02:47.91 Aalst 20/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.74	01:20.34	02:05.03	02:47.91	
	00:36.74	00:43.60	00:44.69	00:42.88	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:47
Heat: 2/3 Lane : 5 Athlete: LEGRAND ALICIA					Q-time: 03:03:50
PB (50m pool): 03:03.50 Antwerpen 20/07/2025			PB (25m pool): 03:03.53 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.39	01:30.41	02:17.12	03:03.50	
	00:42.39	00:48.02	00:46.71	00:46.38	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:47
Heat: 2/3 Lane : 6 Athlete: BULLEN LOTTE					Q-time: 03:03:82
PB (50m pool): 03:04.84 Antwerpen 20/07/2025			PB (25m pool): 02:58.54 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.34	01:29.14	02:17.60	03:04.84	
	00:41.34	00:47.80	00:48.46	00:47.24	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:47
Heat: 2/3 Lane : 7 Athlete: VAN NIEUWENHUYSE LOTTE					Q-time: 03:10:55
PB (50m pool): 03:12.18 Antwerpen 13/07/2025			PB (25m pool): 03:10.55 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.68	01:34.10	02:23.01	03:12.18	
	00:44.68	00:49.42	00:48.91	00:49.17	
					

Coach feedback:

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Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:51
Heat: 3/3 Lane : 3 Athlete: OSSELAER KATO					Q-time: 02:55:95
PB (50m pool): 03:00.39 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:55.95 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.40	01:25.76	02:12.59	03:00.39	
	00:40.40	00:45.36	00:46.83	00:47.80	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:51
Heat: 3/3 Lane : 4 Athlete: RUYSSINCK DIEDE					Q-time: 02:48:91
PB (50m pool): 02:54.55 Antwerpen 27/07/2025 PB (25m pool): 02:48.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.60	01:23.10	02:08.86	02:54.55	
	00:38.60	00:44.50	00:45.76	00:45.69	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:51
Heat: 3/3 Lane : 6 Athlete: DE SMET LILY					Q-time: 02:56:35
PB (50m pool): 03:02.40 Antwerp 26/01/2025 PB (25m pool): 02:56.35 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.22	01:28.06	02:15.41	03:02.40	
	00:41.22	00:46.84	00:47.35	00:46.99	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:51
Heat: 3/3 Lane : 8 Athlete: REYCHLER JINNE					Q-time: 02:59:92
PB (50m pool): 03:04.26 Aalst 11/05/2025 PB (25m pool): 02:59.92 SB: 03:12.83 Aalst 20/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.03	01:28.70	02:16.62	03:04.26	
	00:41.03	00:47.67	00:47.92	00:47.64	
					

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 14:58
Heat: 2/8 Lane : 2 Athlete: LANCKMAN CAS			Q-time: 01:38:53
PB (50m pool): 01:38.53 Aalst 20/12/2025			PB (25m pool): 01:44.89 SB: 01:38.53 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:48.66	01:38.53	
	00:48.66	00:49.87	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 15:00
Heat: 3/8 Lane : 4 Athlete: DE RIDDER LEON			Q-time: 01:22:91
PB (50m pool): 01:25.61 Antwerpen 13/07/2025			PB (25m pool): 01:22.91 SB: 01:26.05 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:40.64	01:25.61	
	00:40.64	00:44.97	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 15:03
Heat: 4/8 Lane : 7 Athlete: WALTNIEL BAVO			Q-time: 01:21:68
PB (50m pool): 01:28.05 Antwerpen 13/07/2025			PB (25m pool): 01:21.68 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.48	01:28.05	
	00:43.48	00:44.57	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 15:08
Heat: 6/8 Lane : 4 Athlete: VERNAILLEN SEPPE			Q-time: 01:10:76
PB (50m pool): 01:19.41 Antwerp 02/02/2025			PB (25m pool): 01:10.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.67	01:19.41	
	00:38.67	00:40.74	
			

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 15:10
Heat: 7/8 Lane : 6 Athlete: DE WITTE JUUL			Q-time: 01:09:59
PB (50m pool): 01:14.31 Aalst 21/12/2024			PB (25m pool): 01:09.59 SB: 01:14.95 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:35.16	01:14.31	
	00:35.16	00:39.15	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 15:12
Heat: 8/8 Lane : 6 Athlete: WOJCIULA TYMON			Q-time: 01:04:01
PB (50m pool): 01:06.49 Aalst 20/12/2025			PB (25m pool): 01:04.01 SB: 01:06.49 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:32.42	01:06.49	
	00:32.42	00:34.07	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:2, starttime: 15:17
Heat: 2/9 Lane : 5 Athlete: VAN NIEUWENHUYSE LOTTE			Q-time: 01:27:06
PB (50m pool): 01:29.54 LOCHRISTI 25/01/2026			PB (25m pool): 01:27.06 SB: 01:29.54 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:29.54	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:20
Heat: 3/9 Lane : 6 Athlete: REYCHLER JINNE			Q-time: 01:22:26
PB (50m pool): 01:24.53 Antwerp 02/02/2025			PB (25m pool): 01:22.26 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.50	01:24.53	
	00:40.50	00:44.03	
			

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:4, starttime: 15:22
Heat: 4/9 Lane : 2 Athlete: VAN DORPE ADA			Q-time: 01:19:48
PB (50m pool): 01:24.49 LOCHRISTI 25/01/2026			PB (25m pool): 01:19.48 SB: 01:24.49 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:24.49	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:4, starttime: 15:22
Heat: 4/9 Lane : 5 Athlete: GULDEMONT NELL			Q-time: 01:18:84
PB (50m pool): 01:22.53 Aalst 20/12/2025			PB (25m pool): 01:18.84 SB: 01:22.53 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:39.73	01:22.53	
	00:39.73	00:42.80	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:4, starttime: 15:22
Heat: 4/9 Lane : 8 Athlete: LEGRAND ALICIA			Q-time: 01:20:43
PB (50m pool): 01:23.70 LOCHRISTI 25/01/2026			PB (25m pool): 01:20.43 SB: 01:23.70 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:23.70	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:5, starttime: 15:24
Heat: 5/9 Lane : 7 Athlete: OSSELAER KATO			Q-time: 01:17:59
PB (50m pool): 01:19.13 Antwerpen 13/07/2025			PB (25m pool): 01:17.59 SB: 01:20.02 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:38.94	01:19.13	
	00:38.94	00:40.19	
			

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 36: 100M BACKSTROKE WOMEN 13+				Heat:9, starttime: 15:33
Heat: 9/9 Lane : 2 Athlete: EELBODE EMELIE				Q-time: 01:07:69
PB (50m pool): 01:11.28 Antwerp 26/01/2025		PB (25m pool): 01:07.69 SB: no time		
	5 0 M	1 0 0 M		
PB	00:34.77	01:11.28		
	00:34.77	00:36.51		
				

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:1, starttime: 15:36
Heat: 1/6 Lane : 1 Athlete: DE RIDDER LEON					Q-time: 03:11:45
PB (50m pool): 03:22.75 Antwerpen 14/07/2024			PB (25m pool): 03:11.45 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:22.75	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:1, starttime: 15:36
Heat: 1/6 Lane : 6 Athlete: WALTNIEL BAVO					Q-time: 03:10:92
PB (50m pool): 03:10.92 La Louvière 25/05/2025			PB (25m pool): 03:14.62 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.35	01:31.30	02:23.07	03:10.92	
	00:42.35	00:48.95	00:51.77	00:47.85	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:2, starttime: 15:39
Heat: 2/6 Lane : 3 Athlete: TER-EGANYAN ARMAN					Q-time: 02:52:10
PB (50m pool): 02:59.71 Aalst 11/05/2025			PB (25m pool): 02:52.10 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.09	01:27.60	02:18.25	02:59.71	
	00:40.09	00:47.51	00:50.65	00:41.46	
					

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 37: 200M MEDLEY MEN 13+					Heat:2, starttime: 15:39
Heat: 2/6 Lane : 6 Athlete: BLONDEEL NILS					Q-time: 02:52:82
PB (50m pool): no time PB (25m pool): 02:52.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:2, starttime: 15:39
Heat: 2/6 Lane : 7 Athlete: DE DONDER THOR					Q-time: 02:54:84
PB (50m pool): 03:10.87 Antwerpen 14/07/2024 PB (25m pool): 02:54.84 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:10.87	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:2, starttime: 15:39
Heat: 2/6 Lane : 8 Athlete: BOMBEECK MATHIAS					Q-time: 02:58:89
PB (50m pool): 03:02.40 Antwerpen 13/07/2025 PB (25m pool): 02:58.89 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.04	01:27.02	02:20.55	03:02.40	
	00:38.04	00:48.98	00:53.53	00:41.85	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:3, starttime: 15:43
Heat: 3/6 Lane : 2 Athlete: STASSIJNS NAND					Q-time: 02:43:66
PB (50m pool): 02:47.37 Antwerpen 13/07/2025 PB (25m pool): 02:43.66 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.02	01:21.51	02:11.67	02:47.37	
	00:36.02	00:45.49	00:50.16	00:35.70	
					

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 37: 200M MEDLEY MEN 13+					Heat:3, starttime: 15:43
Heat: 3/6 Lane : 8 Athlete: WALTNIEL NAND					Q-time: 02:45:90
PB (50m pool): 02:45.90 Aalst 28/06/2025			PB (25m pool): 02:39.54 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.75	01:17.17	02:05.37	02:45.90	
	00:33.75	00:43.42	00:48.20	00:40.53	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:4, starttime: 15:46
Heat: 4/6 Lane : 6 Athlete: VERHAEVERT NAN					Q-time: 02:37:30
PB (50m pool): 02:46.15 Aalst 21/12/2024			PB (25m pool): 02:37.30 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.72	01:19.25	02:10.27	02:46.15	
	00:35.72	00:43.53	00:51.02	00:35.88	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:5, starttime: 15:49
Heat: 5/6 Lane : 2 Athlete: DEKYVERE MATHIAS					Q-time: 02:28:75
PB (50m pool): 02:34.28 Antwerp 02/02/2025			PB (25m pool): 02:28.75 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.13	01:15.81	01:59.69	02:34.28	
	00:33.13	00:42.68	00:43.88	00:34.59	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:6, starttime: 15:52
Heat: 6/6 Lane : 2 Athlete: CAUDRON XIBE					Q-time: 02:20:22
PB (50m pool): 02:23.82 Antwerpen 27/07/2025			PB (25m pool): 02:20.22 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.19	01:07.15	01:49.31	02:23.82	
	00:30.19	00:36.96	00:42.16	00:34.51	
					

Coach feedback:

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: ZNA

Event number: 37: 200M MEDLEY MEN 13+					Heat:6, starttime: 15:52
Heat: 6/6 Lane : 8 Athlete: VAN DEN BROECK LUKAS					Q-time: 02:25:80
PB (50m pool): 02:31.78 Aalst 11/05/2025					PB (25m pool): 02:25.80 SB: 02:36.58 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.63	01:14.13	01:57.90	02:31.78	
	00:32.63	00:41.50	00:43.77	00:33.88	
					

Coach feedback:

Event number: 38: 4x100M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 2 Athlete: TEAM ZNA 1							Q-time: 99:99:99	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x100M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 7 Athlete: TEAM ZNA 1							Q-time: 99:99:99	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: